

## Fees and Insurance

We are concerned with providing the highest quality and affordable care. To reduce the high cost of billing, we accept cash, checks, MasterCard, Visa and American Express. We will promptly provide insurance forms following your visit for you to submit directly for reimbursement.

### Directions to Total Learning and Therapy Center

*From I-95*

Take Exit 27A to Route 25 North to Exit 8, Merritt Parkway South. Bear right towards Route 127 (White Plains Road). At the light turn left and bear left onto Church Hill Road at the gas station. At the end, at the intersection with Main Street turn right and look for Total Learning and Therapy Center on your left, diagonally across from the Town Hall in Cider Mill Center.

*From the Merritt Parkway*

Take Exit 48, Main Street. From the parkway heading north, turn left towards Trumbull and from the parkway heading south, turn right. Just past the 4th light, Total Learning and Therapy Center is on the left just beyond the Town Hall in Cider Mill Center.

## Appointments

We offer flexible appointments after school, evenings and Saturdays, as well as daily office hours. Please call for an appointment with one of our skilled professionals.



Total Learning and Therapy Center

5893 Main Street  
Trumbull, CT 06611  
(203) 268-8852 tel  
(203) 268-8845 fax  
[www.TLTC.org](http://www.TLTC.org)

*Experience tells us that undetected deficits in vision, sensory-motor or speech and language skills impede the learning process and can prevent success in school, at work and at play.*

### Checklist of learning difficulties:

- Struggling in school
- Working below potential
- Poor organizational skills
- Easily frustrated
- Fatigues easily with reading or school work
- Difficulty reading
- Loss of place, re-reading and skipping lines when reading
- Poor reading comprehension
- Frequent reversals when reading
- Difficulty copying from board
- Difficulty completing school work
- Behavioral concerns
- Problems with social interactions, self control and hyperactivity
- Distractibility
- Poor handwriting
- Difficulty sitting
- Clumsiness
- Sensitivity to noise
- Frequent temper tantrums
- Difficulty communicating
- Difficulty following directions

*If you have checked off any of the above, our team of skilled professionals can help. Please call Total Learning and Therapy Center at (203) 268-8852 for information or to schedule an appointment.*



Total Learning and Therapy Center

■ *The place for learning and skill-building* ■



*"Supporting growth and development through all stages of life"*

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## Our Mission

Total Learning and Therapy Center is dedicated to meeting the complex needs of children and adults who experience learning-related vision, sensory, motor and speech and language difficulties. Total Learning and Therapy Center provides comprehensive individualized care through the collaborative efforts of our interdisciplinary team of skilled professionals. Careful diagnosis and appropriate treatment reduces or eliminates stumbling blocks to learning, and allows each individual to successfully meet the challenges of life.

### Stumbling Blocks to Learning

- Vision Impairments
- Visual/Perceptual Difficulties
- Developmental Delays
- Fine Motor Delay
- Learning Disabilities
- Attention Deficit/Hyperactivity Disorders (ADD/ADHD)
- Sensory Integration Dysfunction
- Social Interaction Difficulties
- Motor Speech Disorders/Language Delay
- Handwriting Concerns
- Auditory Processing Disorders
- Swallowing and Feeding Disorders
- Autism Spectrum/Pervasive Developmental Disorders
- Physical Disabilities
- Neurological Disorders

### Programs to Enhance Learning

- Vision Therapy
- Occupational Therapy
- Speech and Language Therapy
- Lee Silverman Voice Treatment®
- Social Skills Groups
- Strengthening and Endurance Training
- Sensory Motor Groups
- Developmental Movement and Music Program
- Therapeutic Listening®
- EDGE Learning System
- Handwriting Without Tears®
- Summer Programs

## Our Individualized Services

### Behavioral Optometry

Behavioral optometry recognizes that vision is an ever changing process that is learned and directly affects how we think, how we solve problems and even how we feel. The way we see influences all our daily interactions with our families, friends and peers. Behavioral optometry is concerned with not just what you see, but how you see, and how efficiently you use your eyes. We treat the total person and we look at how your visual system functions, emphasizing prevention, education and intervention.

### Occupational Therapy

Occupational therapy enhances child development, minimizes potential delays, resolves existing problems and promotes family education. The occupation of a child is primarily play. The occupational therapist presents purposeful activities as play and evaluates and treats the senses and motor abilities of the child to enhance development and improve coordination between the brain and the body.

### Speech and Language Therapy

Communication is vital to life. Speaking, listening, reading, writing and gesturing connect us to what we value most: family, friends, work, school and recreation. Many conditions can sometimes interfere with the ability to communicate. After a comprehensive assessment, a treatment program can be developed and implemented in collaboration with the individual, family and other professionals.

### Additional Services

- Physical Therapy
- Psychological Services, including consultations, counseling, learning profiles and analysis of Individual Educational Plans
- Behavioral Modification Services
- Educational Tutoring
- Parent Education
- Free Educational Seminars
- Staff Training
- Specialized Computer Training
- Nutritional Counseling

## Our Directors

### Randy Schulman, MS, OD, FCOVD

Dr. Schulman graduated cum laude from the University of Pennsylvania where she received her degree in psychology. She graduated with both her Doctorate degree and a Master's degree in Vision Science from the State University of New York, State College of Optometry. She received her Fellowship in the College of Optometry for Vision Development and is an Associate Member of the Optometric Extension Program. She has lectured and written extensively on such topics as vision in the classroom, vision and aging, and visual difficulties in the developmentally delayed, including those with autism. She is fully licensed to diagnose and treat eye disease and specializes in vision therapy, pediatrics, learning disabilities, vision enhancement and preventative vision care for all ages.

### Stefanie Saad Seanor, OTR/L

Stefanie received her education at Boston University's Sargent College and holds CT state licensure and National Board Certification in Occupational Therapy. She has worked in both New York and Connecticut evaluating and planning intervention strategies for children and adults with learning, sensory and psychiatric needs. Stefanie has extensive training in areas including sensory integration, neuro-developmental treatments, psychosocial skills and fine/visual motor skills. Stefanie is certified in Therapeutic Listening® and has developed comprehensive sensory diets and therapeutic protocols using modulated CDs. She holds certification in the Handwriting Without Tears® curriculum and brings extensive knowledge in the field of handwriting for children ages 3 – 12.

### Maybette Z. Waldron, MS, CCC - SLP

Maybette holds a B.S. from the University of Bridgeport and a M.S. from Southern Connecticut State University. She has a Certificate of Clinical Competency from the American Speech, Language and Hearing Association and is a licensed speech pathologist in Connecticut and New York. She is a member of the American Academy of Private Practice and is certified by the American Board of Disability Analysts. She is also certified to administer the Lee Silverman Voice Treatment®. She has almost 30 years of experience working with children and adults.