

Total Learning and Therapy Center

5893 Main Street - Trumbull, CT



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**"Supporting Growth and Development
Through All Stages of Life"**

Ongoing Individual and Group Programs

The EDGE Learning System

This group will enhance your child's motor, speech, reading, social and visual skills to improve grades, performance and self-esteem. This class meets every other Saturday.

Handwriting Clinic – Using the Handwriting Without Tears® Curriculum

This multisensory approach to developing or enhancing handwriting skills appeals to children with all kinds of learning styles - visual, auditory, tactile, and kinesthetic. The unique, hands-on materials assist to eliminate problems with letter formation, reversals, legibility, sentence spacing and cursive connections. Weekly individual and Saturday group programs are available for ages 3-12.

Sensorimotor Groups

These groups focus on enhancing sensory awareness and processing skills, social skills, body awareness, coordination and motor planning skills. Weekday groups are available for children ages 3-5 and 6-8.

Social Skills Groups

These sessions focus on improving social skills of 3-5 year olds, 6-9 year olds and 10-12 year olds through interactive activities in a therapeutic environment. Weekday and Saturday classes are available.

Strengthening and Endurance Groups

These groups focus on enhancing balance, stability and strength by incorporating fine and gross motor skill activities, postural and proximal control exercises and eye-hand and bilateral hand coordination activities. Weekday groups are available for ages 3-5, ages 6-8 and 9-12.

Therapeutic Listening®

Improve organization, regulation, sensory modulation, spatial skills, praxis and communication skills through this individualized auditory intervention program. Weekly individual programs are available for children, adolescents and adults.

Vision Therapy Groups

Encourage the development of visual skills including visual-perceptual skills and visual-motor skills necessary for reading, learning and sports performance through vision training activities in small groups. Weekday and Saturday groups are available for children ages 5-12.

All groups are led by licensed and certified therapists.

Individual Occupational, Physical, Speech/Language, Vision Therapy and Tutoring Sessions are available for all ages by appointment.

Please call 203-268-8852 for enrollment or to make an appointment.