

# Fall Programs at TLTC



## The EDGE Learning System<sup>SM</sup>

### Enhancing Development for Gains in Education

This 45-minute group will enhance your child's motor, speech, reading, math, social and visual skills to improve grades, performance and self-esteem. All groups are designed by professionals for maximum learning effect.

- Ages 6-8: Mon. and Wed. 4:00 pm
  - Ages 9-12: Mon. and Wed. 5:00 pm
- Cost: \$600/session (2x/week)  
\$300/session (1x/week)

## Handwriting Without Tears<sup>®</sup>

This multi-sensory approach to developing and enhancing handwriting skills appeals to children with all kinds of learning styles - visual, auditory, tactile, and kinesthetic. The unique materials and creative workbooks assist to eliminate problems with letter formation, reversals, legibility, spacing and cursive connections. Weekly 40-minute groups are available for ages 3-12.

- Get Set for School: Sat. 10:00 am
  - Beginning to Print: Sat. 11:00 am
  - Cursive Handwriting: Tues. 4:00 pm
- Cost: \$300/session (1x/week)



Certification # 106

## YoGo Kids<sup>SM</sup> Movement Groups

Children will benefit from this 40-minute weekly program incorporating foundational skills and Yoga principles including body strength, flexibility and body control components. Emphasis on breath control, rhythm and posture will also improve organizational and sensory integration skills.

- Ages 3-5: Mon. 2:45 pm
  - Ages 6-8: Mon. 3:30 pm
- Cost: \$300/session (1x/week)

## Sensorimotor Groups

These 40-minute, small groups are designed for students with sensory processing and motor planning difficulties. Children engage in exciting motor coordination and body awareness activities paired with music and various auditory sensory experiences.

- Ages 6-8: Wed. 4:00 pm/Fri. 4:00 pm
  - Ages 9-12: Tues. 4:45 pm/Fri. 4:45 pm
- Cost: \$660/session (2x/week)  
\$330/session (1x/week)

## The Social EDGE<sup>SM</sup>

### Social Communications Groups

These 1-hour sessions focus on improving social skills of students through interactive activities in a therapeutic environment. Groups are arranged according to peer age and individual needs. Activities focus on developing play skills, language and communication skills, body language, controlling emotions and social flexibility.

- Preschool-K: Sat. 9:00 am
  - Grades 1-2: Sat. 10:00 am
  - Grades 3-5: Sat. 11:00 am/Tues. 4:30 pm
  - Middle Sch.: Mon. 4:45 pm
  - High School: Evenings
- Cost: \$300/session (1x/week)

## New Programs at TLTC

### The Reading EDGE<sup>SM</sup>

Improve reading fluency and comprehension in this 45-minute group. Reading skills are improved with proven-effective tracking and computer games.

- Ages 6-8: Thurs. 4:00 pm
  - Ages 9-12: Thurs. 5:00 pm
  - Ages 6-12: Sat. Call for availability
- Cost: \$600/session (2x/week)  
\$300/session (1x/week)

### The Driving EDGE<sup>SM</sup>

Develop the vision, motor and processing skills needed to become an effective and defensive young driver.

- Ages 16+ Tues. 6:00 pm
- Cost: \$300/session (1x/week)

### The Sports EDGE<sup>SM</sup>

This 45-minute group will enhance tracking eye movements, eye, hand and body coordination, reaction speed, peripheral awareness, and visualization— the skills necessary for excelling in sports.

- Ages 6-8: Tues. 4:00 pm
  - Ages 9-12: Tues. 5:00 pm
- Cost: \$300/session (1x/week)



## Program Details

All groups/classes meet for 6 weeks unless indicated otherwise.

- Session I: September 10 – October 20
- Session II: October 22 – December 1

Payment is due at the time of registration. In the event your child misses a class, every effort will be made to offer a make-up class.

**Ongoing individual and group services assist individuals with complex needs including those with diagnoses of Autism Spectrum Disorders, ADD/ADHD and learning disabilities. Services include:**

- Advocacy Support
- Behavior Modification Intervention
- Behavioral Optometry
- Computer Training
- Counseling
- Earobics®
- Educational Tutoring
- Handwriting Skills
- Lee Silverman Voice Treatment®
- Occupational Therapy
- Physical Therapy
- Psychological Services
- Sensory Integration
- Social Skills Training
- Speech and Language Therapy
- Therapeutic Listening
- Vision Therapy

### Directors

Randy Schulman, MS, OD, FCOVD  
Stefanie Saad Seanor, OTR/L  
Maybette Z. Waldron, MS, CCC-SLP

## Free Seminar Series

- Sept. 27 – 6:30 pm or 8:00 pm  
**Autism Spectrum Disorders Through the Lifespan**
- Oct. 25 – 6:30 pm or 8:00 pm  
**Power-Parenting and Teaching the AD/HD Child**
- Dec. 6 – 6:30 pm  
**Who Will Advocate for Your Child After You?**
- Dec. 6 – 8:00 pm  
**Functional Strategies and Techniques to Use with Your Child at Home or School**

## Directions

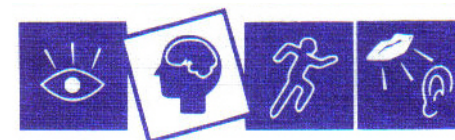
From I-95  
Take Exit 27A to Route 25 North to Exit 7, Merritt Parkway South. Bear right towards Route 127 (White Plains Road). At the light, turn left and bear left onto Church Hill Road at the gas station. At the end, at the intersection with Main Street, turn right and look for Total Learning and Therapy Center on your left, diagonally across from the Town Hall in Cider Mill Center.

From the Merritt Parkway  
Take Exit 48, Main Street. From the parkway heading north, turn left towards Trumbull. From the parkway heading south, turn right. Just past the 4<sup>th</sup> light, Total Learning and Therapy Center is on the left just beyond the Town Hall in Cider Mill Center.

## Registration & Appointments

Space is limited for Fall programs. Please call 268-8852 for Fall program registration or to make an individual appointment with one of our skilled professionals.

**Total Learning and Therapy Center**  
**5893 Main Street**  
**Trumbull, CT 06611**  
**(203) 268-8852**



## Total Learning and Therapy Center

- The place for learning and skill-building □



## 2007 Fall Programs

“Supporting growth and development  
through all stages of life”